

**2019 unite@night Walks
“Walk in a Box” Checklist**
(Usually mailed 7-14 days prior to walk date)



- List of Registered walkers and t-shirt sizes
- Return envelopes to Andrea Grosz for monies raised, registrations & postcards to representatives

AWARENESS

- T-shirts (for everyone who raised \$50)
- (**NEW**) Light up Reflector (for everyone who raised \$50)
- Photo Op signs
- Temporary tattoos
- CSF pens for walk use
- Banner (for walks that have raised \$500 or have 50 registered walkers)
- A few CSF mylar balloons for decorating (will need to have these filled)
- Coloring Pages and puzzle sheets (mail or scan the completed coloring pages to cpoznik@CSFinfo.org to add to the Facebook unite@night coloring book photo album.
- Hashtag social media signs

FUNDRAISE

- CSF custom donation/registration envelopes
- Symptom Marker Sponsorship signs – these signs can be hung on fences or glued to paint sticks and put out at the walk. Must send in form and logo so CSF can complete for your walk box
- Cash Reconciliation Sheet

EDUCATION

- One Page Informational Posters on cardstock for CM, SM and EDS
- CSF Brochures
- CSF Information Business Cards to hand out
- “CSF Talking Points” – Can use this if you would like to let people know what CSF is doing
- Registry Brochures (Please make sure everyone knows to sign up for this)

ADVOCACY

- Postcards to be signed and return address completed for people attending the walks. These will be delivered to congress by CSF. If completing a postcard, the person receives a mini anti-bacterial wipes container.
- Instructions for completing postcards

POSSIBLE OTHER ITEMS

- Water/Ice – Donated or reimbursed with receipt by CSF
- Crayons for coloring pages
- Food – Donated or have friends/family help bake
- Possible face painter, balloon maker, magician (ask high school students that need service hours)
- Photographer – original photos should be sent to CSF
- Washcloth/bucket of water to put on temporary tattoos
- music / playlist
- If holding raffles or door prizes – don't forget supplies like tickets/bags
- Anything else you can think of to make your walk successful for you