



## Join us for the Chiari & Syringomyelia Foundation unite@night walk anytime during the months of May, June, July, August or September 2017

If you can't make it to an organized unite@night walk site,  
just take a casual one mile walk around your neighborhood!

### *What do I do??*

Register yourself and create a team name [here](#).  
and invite friends and family to join or support you. Receive a small prize for any donations  
raised. If you raise \$50 or more you will also receive a unite@night t-shirt and purple light up  
bracelet

### *When do I walk??*

After you have collected your donations, pick any date and time during the months of May,  
June, July, August or September 2017 and take a one mile casual walk right in your  
neighborhood.

For more information: Cathy Poznik at [cpoznik@csfinfo.org](mailto:cpoznik@csfinfo.org) or (330) 998-6195

Each unite@night Solo Walk will be considered a third party member fundraiser and will help  
to support CSF Chapters to provide education and *increase* awareness while funding research  
projects that can potentially find answers to help those who are fighting these disorders.

**unite@night** will bring together people who are suffering with the devastating effects of  
Chiari malformation, syringomyelia, and related CSF disorders.

**CSF is a 501(c)(3) non-profit organization**